



NAMI On Campus
National Alliance on Mental Illness

High School Clubs



February 5, 2020

Dear Parent,

We are now thrilled to announce the 2019-2020 implementation of our NAMI on Campus High School Club (NCHS) program. The NCHS Club program is in partnership with the California Department of Education (CDE) and the Placer County Office of Education (PCOE) as part of their Student Mental Health Program, funded by the California Mental Health Services Authority (CalMHSA).

NCHS is a mental health awareness club for students and teachers on high school campuses. The purpose is to create a dialogue on campus about mental health and well-being to help eliminate the stigma of mental illness. **It is not a support or therapy group.** NAMI California has worked diligently with CDE and PCOE to ensure that students and advisors will be instructed on how to run the club safely and responsibly, and will be required to always follow the rules and policies of their school district. A one-day training for Advisors and student leaders will educate the club about mental health, raising awareness, running a club, being supportive of others, and recognizing early signs of mental health conditions.

Your child's school is one of the few high schools in California to bring NCHS to campus. NAMI California is excited to be meeting a need for more youth programming with the development of these clubs at high schools around California. For more information on NAMI California or NCHS, please contact Alyssa Her, Education Coordinator at (916) 567-0163 or alyssa@namica.org

We thank you for your support!

Sincerely,

NCHS Planning Team



Sponsored by the California Department of Education (CDE), Coordinated Student Support and Adult Education Division, and the Placer County Office of Education, Educational Services Department. This training is made possible through funding from the California Mental Health Services Authority (CalMHSA) through the Statewide Kindergarten to Twelfth Grade Student Mental Health Program sole source contract with the CDE. The CalMHSA is an organization of county governments working to improve mental health outcomes for individuals, families and communities. CalMHSA operates services and education programs on a statewide, regional and local basis. Original funding made possible from the Mental Health Services Act of 2004.

